

DECEMBER 2022

Family Child Care Professionals of South Dakota, Inc
to empower family child care providers and achieve high quality care for all South Dakota children

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Training Opportunities and Lakeshore Gift Card

"Attachment Answers: Forming a Secure Attachment January 12th, 2023 6:30-7:30pm

Location- Sioux Falls, South Dakota

Register with Sanford CHILD Phone: (605) 312-8390

Learn about attachment theory and the four types of attachment. Better understand the importance of a healthy attachment in early childhood.

Transition for Spirited Children

Tuesday, January 10th, 2023 7:00pm - 8:00pm

Location- Online

Register with Sanford CHILD Phone: (605) 312-8390

Learn how to provide effective transition techniques for children with spirited temperaments.

For more training opportunities in person or online in your region go to dss.sd.gov/childcare/educationalopportunities

Newsletter and Forms | Sanford Health - Then find your region.



Last month we announced we will be doing a quarterly drawing for a Lakeshore gift card for those that open and read the newsletter. Our first winner was chosen at random and was Michelle Niemi. Congratulations!

Sioux Falls WOW

Members of FCCPSD use Code: **FAMILY23** to get in at a discounted rate of \$10.00

Tickets originally \$35.00

ALL REGISTRATIONS MUST BE IN BY January 20, 2023

After this date will be considered a Walk-in \$40.00

6 Training Hours

SFWOW 2023 PRESENTS DENITA DINGER

LET GO.....
AND
EMPOWER
CHILDREN



Washington Pavilion

Saturday, January 28, 2023

8am-4pm

siouxfallswow.weebly.com

01

Following the Leaders:
Embracing Child Led Play

02

Rethinking the Discipline Policy:
Changing YOUR Behavior

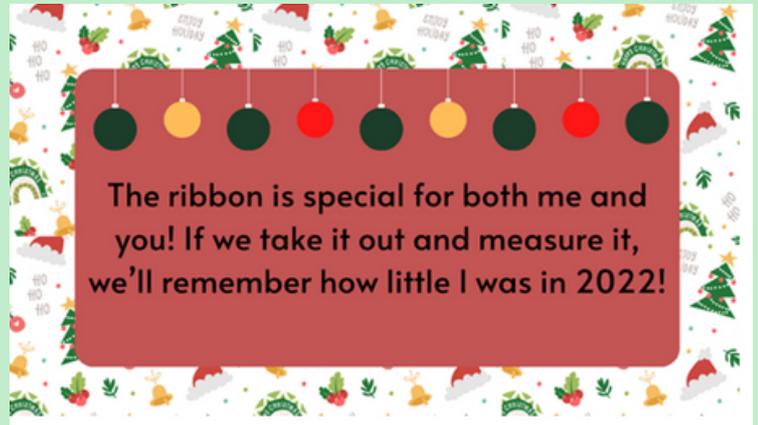
03

Listen to the Children and
Empower Them

Christmas Ideas

Ribbon Bulb

Each year at Christmas time my daycare kids get sent home with a plastic bulb ornament to hang on their trees. My favorite is a bulb that comes with ribbon in it that is measured to the length of that child! This is a meaningful keepsake for the parents and easy for them to continue even when their child is no longer in your care. Pictures are of the ornaments that I made this year as an example!



Picture from crafty Morning



Candy Cane Pipe Cleaners

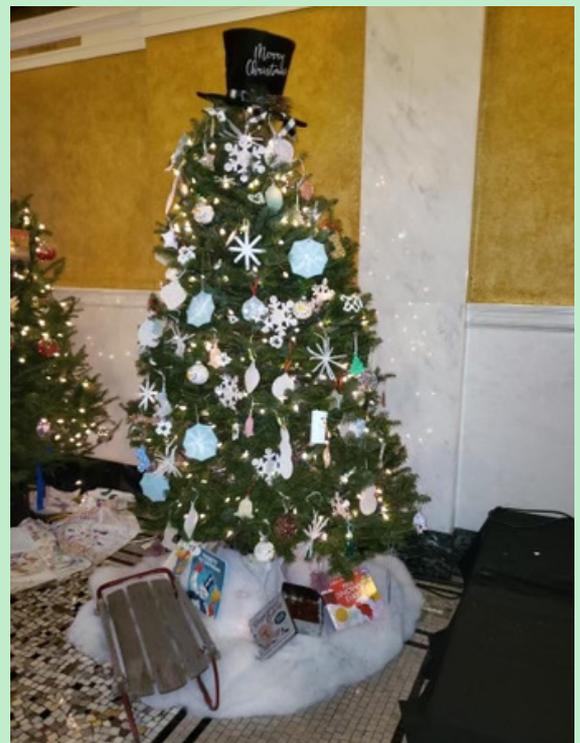
Super simple to set up and great for fine motor skills. When I set up this activity, I did let the children use any colors as candy canes can be so many different colors now! If they choose rainbow, great! If they do the original red and white, great! Talk about what colors they are using, what do you think their candy cane would taste like? Are they making a pattern?

Christmas at the Capital

By Alinda Wiarda

Our association had the opportunity to decorate a tree at the Capital this year. The theme was "A Merry Prairie Christmas". We decided to do a snowy, white, glittery theme, since here on the prairie we have snow during the winter. And our day care children love to play in the snow as children always have. Lynette and I had so much fun collecting the ornaments that your children made and putting them on the tree in Pierre. We topped the tree with a black top hat (like Frosty's hat), billowy snow under the tree with a sled, and books about snow. We always like to include a literacy link, because books and reading are so very important for our children.

Our association has had the pleasure of decorating a tree at the Capital five times since 2014. In 2014 we had children trace around their hands to make mittens for the theme "125 Years of Christmas in SD". In 2017 the theme was "The Colors of Christmas" we had our children's faces on child made ornaments. In 2019 we collected recipes and salt dough ornaments that the children made for the theme "Hometown Christmas". In 2020 the theme was "Deck the Halls" we decorated with pinecones and buffalo plaid, and our children made cinnamon dough ornaments (our tree really smelled great!). As you can see, over the years we have had a lot of fun decorating the tree with ornaments that your children have helped us to make. I hope that everyone gets a chance to travel to Pierre and wander the halls of the Capital to enjoy the trees!



Business Side of Family Childcare

By Susan Dotson

What does the word “Professional” mean to you? According to David Maister, “A Professional is not a word you give yourself-it’s a description you hope others will apply to you.

Being a Professional EMPOWERS YOU! I think this statement holds a lot of truth and is very thought provoking. If you hold yourself to a level of professional, when tough times happen you have your foundation set to back you. If you run your business as a Professional, I feel it puts our business high above the person “babysitting” down the street.

What does this foundation I referred to look like? There are 3 key parts to the foundation--Vision, Beliefs, and Mission.

Your Vision is your dream for the future. A hopeful and idealized description of your professional journey, your profession, your early learning program, or the world you envision for children. “Vision is perhaps our greatest strength. It has kept us alive to the power and continuity of thought through the centuries; it makes us peer into the future and lends shape to the unknown.” - Li Ka Shing

Your Belief is the assumptions and principles you know to be true about people, the world, and the way they interact. Your beliefs are the core principles you will rely upon as you work to make your VISION a reality.

Your Mission is your definition of purpose. Your Mission is built upon your Vision and Beliefs and describes what you do, for whom you do it, and how you do it. Your mission is a guiding light. A clear mission serves as a beacon that will help you navigate tough times.

Do you have Vision, Beliefs, and a Mission for your program? Do your daily actions reflect your Vision, Beliefs and Mission? Some people have this but call them their Mission Statement, their Philosophy, their backbone. Whatever you call it and no matter how long you have been in business, I think it is a good idea to revisit and really evaluate them every few years.

Best Outdoors Toys

By Susan Dotson

Years ago, I was introduced to a concept called “loose parts”. A loose part is any item that is open-ended and can be anything. For example, a wood circle can be a sandwich, money, a plate, a serving tray, etc. However, a plastic toy that looks like a tomato slice can really only be a tomato slice.

In my outdoor area, I got rid of the typical outdoor toys and added loose parts. We have sticks, logs, wood circles, rocks, buckets, pieces of tree bark, leftover siding remnants, cut-off pieces of boards, etc. The goal is to offer them to the children but not give ideas of how to play with the items. There is no right or wrong way to play (unless they are hurting their friends).

When loose parts are first offered to children, they typically struggle with the concept at first. As an adult, step away, bite your tongue and watch for the magic to happen in the children’s imaginations.



Cranberry Applesauce

Ingredients

- 1 (12 oz) package fresh cranberries
- 4 cups unsweetened applesauce
- 1 orange, juiced and zested
- 2 cinnamon sticks or 1 tsp ground cinnamon
- 2 tsp vanilla extract
- 1-2 tbsp maple syrup (optional)



Instructions

1. Place all ingredients in the medium saucepan, including the orange zest.
2. Cook ingredients over medium heat - if it starts to boil, lower the heat. Stir frequently until cranberries are soft and have broken down.
3. Serve fresh off the stovetop, or it can also be served chilled or cooled to room temperature. Optionally, you can also place the applesauce in a blender and purée it to your desired consistency.

Serving Size: 1/4 cup Total Servings: 16

Components: Fruit

Find this recipe and more at cacfp.org under the recipe tab.



Children's Book

There was an Oldy Lady who
Swallowed...

By Lucille Colandro

This book series is a favorite at my house, I love them because it teaches repetition and rhyming. They are silly and fun, and there is a book in the series for almost every occasion and interest! I know some are wary because the older books ended with "perhaps she'll die" but that has most definitely changed and there is a silly ending in most every story!



2022 FCCPSD Steering Committee

Chair	Cynthia McConiel	chair@fccpsd.org
Chair-Elect	Tammy Remillard	chair-elect@fccpsd.org
Past Chair	Allegra Fink	past-chair@fccpsd.org
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